HOWARD COUNTY ALCOHOL & DRUG ABUSE ADVISORY BOARD MEETING MINUTES

May 17, 2017

Howard County Health Department, 8930 Stanford Blvd, Columbia, 21045

ADAAB MEMBERS/DESIGNEES: Chinwe Adetula, Jack Altfather, Tsega Amahatsion, Andrew Eckstein, Robert Ehrhardt, Jennifer Facteau, Matt Fonseca, Joe Gagliardi, Neil Gwinn, Kassy Hargadon-Zester, Cindy Johnson, Jack Kavanagh, Bruce McDonald, Roe Rodgers-Bonaccorsy, Maura Rossman, Jennifer Van Blarcom, Joan Webb Scornaienchi, William Tucker, Linda Zumbrun

HEALTH DEPARTMENT STAFF: Seante Hunt, Antigone Vickery

GUESTS IN ATTENDANCE: Mary Affeldt, Barbara Allen, Tom Allen, Rose Cohen, Carl Delorenzo, Frank Eastham, Madeline Morey, Rick Silver, Nova Walton-Marriott

WELCOME & INTRODUCTIONS: The meeting was called to order at 5:17 P.M. by Chair Joan Webb Scornaienchi. She welcomed the board and guests. Introductions were made.

APPROVAL OF AGENDA: The May 17, 2017, Agenda was approved.

APPROVAL OF MINUTES: The April 19, 2017, Minutes were approved.

UNFINISHED BUSINESS:

HEALTH DEPARTMENT UPDATE: Provided by Roe

The National Conference on Addiction Disorders is being held in Baltimore on August 16th -20th. Registration is open at this time.

The opioid awareness and prevention campaign, "One Opioid Overdose is Too Many" was discussed. Copies were provided to members and stakeholders to share with their partners. The campaign is being circulated through email and social media, displayed on buses in the county through mid-June and was postal mailed to 13,000 county residents based on zip code and demographic characteristics. The information will also be mailed out with the tax bills in June.

Feedback was requested from the board on how to outreach individuals using opioids and at risk of overdose and their families. Several suggestions were provided from the board. The suggestion will be consider and implemented as feasible.

OVERDOSE RESPONSE PROGRAM (ORP) AND OPIOID MISUSE PREVENTION PROGRAM (OMPP) UPDATE: Provided by Seante

ORP Update:

Howard County Health Department holds monthly ORP trainings. The next scheduled ORP training is June 19th at 9 A.M.

ORP trainings are also held at the Howard County General Hospital Wellness Center every 3rd Thursday of the month. Dates and times are listed on their website.

ORP trainings are scheduled with several other community agencies (Howard County Public School System Security Officers, First Baptist Church of Guilford, the Department of Community Resource Services, the Department of Public Works, Silverman Treatment Solutions, Access to Care) in the upcoming weeks.

OMPP Update:

The Overdose Fatality Review Team (OFRT) met on May 11th to review overdose deaths from quarter four of 2016. The team reviewed all 16 cases to gain a better trend analysis. The current action items are to gain information on those who died in the county, who were not residents of the county, to contact the prescribers of the decedents especially those who appeared to over prescribe opiates, and to create a matrix to determine county resources utilized per decedent.

The Opioid Intervention Team (OIT) met on May 11th to discuss strategies for stakeholders to collaborate to address the opioid crisis such as crisis stabilization centers or safe stations for those in need of treatment to quickly be assessed and placed.

Plans are under way to conduct a continuing medical education (CME) event for prescribers on best opioid prescribing practices. Dr. Aaron Greenblatt will be the presenter. The registration flyer will be sent out within the week.

A Prescription Drug Monitoring Program (PDMP) flyer was shared with prescribers in the county via email and postal mail to inform them of the mandate to register with PDMP by July 1, 2017. Mandatory use starts July 1, 2018.

A Candle Light Vigil and Recovery Celebration in honor of International Overdose Awareness Day (IOAD) will be co-hosted by Howard County Health Department and James Place on August 31st at St. John's Episcopal Church. It is our hope that the board will join us.

The Recovery Oriented Systems of Care (ROSC) Change Team is planning a Recovery Walk in September to help reduce stigma. It is our hope that the board will join us.

The video *Chasing the Dragon: The Life of an Opioid Addict* will be shown at the Howard County Central Library on September 5th.

BEHAVIORAL HEALTH INTEGRATION UPDATE: Provided by Carl Delorenzo

The County Executive's office organized a Behavioral Health Integration Workgroup to decide how to administratively integrate the Howard County Health Department, Local Addiction Authority and the Howard County Mental Health Authority. A workgroup was formed consisting of 15 voting members. There have been four workgroups to date with one more scheduled for May 24th. The meetings are open to the public. The integration model will be implemented July 1, 2018.

HC DRUGFREE PREVENTION/EDUCATION/OPIOID UPDATE: Provided by Joan

May is dedicated to mental health awareness and substance use/misuse prevention. May 1st to 7th was Children's Mental Health Awareness Week and May 14th to 20th is the Substance Abuse and Mental Health Services Administration (SAMHSA)'s National Prevention Week. This week was selected because adolescents and full-time college students most often use substances for the first time during June or July.

Once again, ADAAB members were asked to participate in HC DrugFree's Q&A or blog. Dr. Rick Silver was thanked for his ongoing contributions.

On June 4th, members of HC DrugFree's Teen Advisory Council, family and friends are planning to run or cheer for the runners at an annual event called Damien's Run. This year, the run will be at Patapsco State Park. Damien died 19 years ago and this family event helps raise awareness of substance abuse, especially related to teens. Anyone interested in joining HC DrugFree's Teen Advisory Council at this event should contact HC DrugFree's office. Damien's father attended the May Teen Advisory Council meeting and talked to the members about his son, drugs, and the run. Also, the recent alcohol-related death of a Penn State student and teen decision making skills were discussed.

In 4 hours on April 29th, 1,126.6 lbs of medications were collected at HC DrugFree's convenient drive-thru location in the Wilde Lake Village Center. An additional 13 bins of sharps were collected. There were more than 30 volunteers, the Howard County Police, and a Drug Enforcement Administration agent. Based on the number of fliers distributed, an estimated 600 cars drove through. Police and HC DrugFree magnets purchased by an organization not wanting publicity were distributed. Thank you to Judge William Tucker, Cindy Johnson, Carol Robinson, Jack Altfather and Rick Bergin for volunteering.

HC DrugFree's *Not My Child...Yes, Your Child* program in partnership with River Hill High School PTSA was held on Tuesday, April 25th at 7 P.M. at River Hill High School and there were 111 participants. The focus was on opioids, alcohol, and marijuana. Thank you to Frank Eastham, Judge William Tucker, Mark Donovan, Jack Altfather, the State's Attorney's Office, the Police, Fire and Rescue Services, and many others including parents who lost children to overdoses and an alcohol-related accident.

As HC DrugFree plans for the 2018 school year, feedback was received from elementary, middle, and high school counselors.

DETOXIFICATION CLINIC: Provided by Dr. Joe Gagliardi

Dr. Gagliardi discussed his suggestion to provide ambulatory detoxification at the new Rt. 1 Day Resource Center on Guildford Road when it opens in August. The suggestion was discussed and determined not to be a feasible option.

ADAAB'S MISSION: Carl Delorenzo and ADAAB

Carl reviewed the County Code of Ordinance Subtitle 10 Alcohol and Drug Abuse highlighting the duties and responsibilities of ADAAB. The Code was provided to the members.

Roe questioned what being action oriented meant to ADAAB and how can ADAAB be more action oriented.

Members empowered each other to discuss and problem solve issues. The members agreed to add urgent discussion items to the monthly agenda. A list was developed and prioritized for the next meeting.

NEW BUSINESS: None reported.

ANNOUNCEMENTS:

Next Meeting is June 21, 2017, at 5:15 P.M. at the Howard County Health Department

ADJOURNMENT: The meeting was adjourned at 7:37 P.M.